



Hutchinson Public Schools

USD 308

Specials Choice Board

Directions: Choose one activity from each of the specials' columns to complete each week. You should spend approximately 10 minutes on each activity. You may do more activities if you want.

Art	Vocal Music	P.E.	Media	Counseling	Band/Orchestra
<p>Activity 1: SCULPTURE</p> <ol style="list-style-type: none"> 1. Build a pillow fort. 2. Make a sculpture out of food. What will hold it together? Toothpicks? Frosting? 3. Explore your yard for twigs, leaves, rocks, etc. and use them to make a picture. 4. If you could build any sculpture what would it be and what supplies would you use? Draw it. 	<p>Activity 1: Teach and play your favorite music game with your family.</p>	<p>Activity 1: Find a safe object and see how many times you can toss and catch to a family member before you drop it or toss and catch to yourself.</p>	<p>Activity 1:</p> <ol style="list-style-type: none"> 1. Design a new cover for a book you've read. 2. Read something with instructions (recipe, how to build something, how to fix something, how to play a game) 3. Make puppets to help retell a story. 	<p>Activity 1: Create a peaceful place .</p>	<p>Activity 1: Snap, clap, stomp and pat with the family. Create a body percussion song.</p>
<p>Activity 2: COLOR</p> <ol style="list-style-type: none"> 1. Look for different colors. What colors do you see in your 	<p>Activity 2: Interview a family member about their favorite music, when they first</p>	<p>Activity 2: Family Walk/Run around the neighborhood Run past 3 driveways</p>	<p>Activity 2:</p> <ol style="list-style-type: none"> 1. Write a couplet-a 2 line rhyming poem 2. Invent a tool to help you do 	<p>Activity 2: Journal, draw, or talk about how you are feeling to a family member or friend</p>	<p>Activity 2: Interview your family to see who participated in band/orchestra. What did they</p>



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<p>yard? In your house? Your toys? Your food? 2. Draw a picture but color everything different colors than they are in real life. 3. Find an object in your house for each color of the rainbow. 4. Talk with your family about what is everyone's favorite color and why.</p>	<p>heard them, have they seen their musician live.</p>	<p>and then walk past 3 driveways *Repeat</p>	<p>chores more easily. Draw a picture of it or make it from some stuff found at home. 3. ABC Challenge-Think of a title, author, or character for each letter of the alphabet.</p>		<p>play? What special memories can they share?</p>
<p>Activity 3: DRAWING 1. Draw your favorite food and give it a face with emotions. 2. Draw your house and decorate the outside the way you want. 3. Draw your family and show what you like to do together.</p>	<p>Activity 3: Call someone and sing them your favorite song.</p>	<p>Activity 3: - 30 Second Wall sit - 30 Second Plank - 30 seconds ABC push-ups or shoulder taps - Repeat 4 times</p>	<p>Activity 3: 1. Be the teacher! Read a story with a sibling, pet, stuffed animal, or the whole family. Discuss the characters, setting, and events of the story. www.storylineonline.net www.readingrainbow.org www.storytime</p>	<p>Activity 3: Let's spread kindness by drawing a picture or writing a note or a letter to someone in one of our local nursing homes. Here is a list of the places in our area: Wesley Towers</p>	<p>Activity 3: Draw and name a new instrument. Describe how it plays and sounds.</p>



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<p>4. Work together with your family to draw a picture. Make sure everyone adds at least one thing.</p>			<p>fromspace.com 2. Learn about a new animal: Read a book, ask a grown up, watch a video, look online to learn 5 new facts about any animal 3. Keyboarding: Choose one of these two websites to practice typing and keyboarding skills www.nitrotype.com www.abcya.com/games/ghost_typing</p>	<p>700 Monterey Place Hutchinson, Ks 67502 Good Samaritan 810 East 30th Hutchinson, Ks 67502 Mennonite Manor 200 Sunnydell Circle South Hutchinson, KS 67505 DiversiCare 1202 East 23rd Hutchinson, Ks 67502</p>	
<p>Activity 4: TEXTURE 1. Go into your yard. How many textures can you find? 2. House scavenger hunt—find your favorite texture. Try to draw it. 3. Draw your favorite</p>	<p>Activity 4: <u>Choose 1 or more</u> K-2: Draw a picture of your favorite song. K-2: Teach and play your favorite music game with your family. 3-6: Write a letter to your</p>	<p>Activity 4: Make up your own Dance routine to your favorite song or songs</p>	<p>Activity 4: 1. Read at night by flashlight 2. Tell a story on April 27th as it is National Tell A Story Day. 3. Explore fiction vs. nonfiction books with BookFlix</p>	<p>Activity 4: Go on a senses scavenger hunt. Use this one or create your own. SEE: find something white, something patterned, something tiny, five of the same thing Hear: find something that</p>	<p>Activity 4: Connect with a friend/classmate via text, phone call or video chat. What music are you currently enjoying?</p>



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<p>animal. How do you show its texture? Is it fluffy? Bumpy? Scaly? Rough? Soft?</p> <p>4. Try putting paper on top of a texture and rubbing over it with the side of a crayon.</p>	<p>future self about this time- What music has helped you?</p> <p>3-6: Why is music important?</p> <p>What would life be like without music?</p>		<p>https://bookflix.digital.scholastic.com/?authCtx=U.600019488</p>	<p>snaps, an animal sound, something that crunches, something to make music with</p> <p>Touch: find something smooth,bumpy,wet,prickly</p> <p>Smell: a flower</p>	
<p>Activity 5: EMOTION</p> <ol style="list-style-type: none"> 1. Invent your own emoji. 2. Look in a mirror while you show different emotions. How does your face change? 3. Draw a self-portrait. How are you feeling today? 4. Draw something that makes you feel happy. 	<p>Activity 5: Choose 1 or more</p> <p>All: Pick a song and practice the steady beat. Move to the beat by marching, skipping, walking, stomping, sliding, or any other ways you can think of to move to the beat.</p> <p>All: Help clean the house for two songs.</p>	<p>Activity 5: TV COMMERCIAL BREAK FITNESS</p> <p>Commercial Break 1 Run in Place</p> <p>Commercial Break 2 10 Jumping Jack 5 Squat Jumps 5 Push up Repeat 3x's</p> <p>Commercial Break 3 20 curl ups or sit ups 20 side hops 10 sec High knees Repeat 3x's</p>	<p>Activity 5:</p> <ol style="list-style-type: none"> 1. Write a letter to Pete the Cat Pete the Cat 2126 E Victory Dr. #112 Savannah, GA 31404 2. Write a book critique. 3. Write an acrostic poem about yourself, using your name. An acrostic poem is one in which a certain feature--for example, the first letter--from every line combine to spell out a message--usually the name of the subject, for instance the 	<p>Activity 5</p> <p>Draw, journal, or share with a friend or family member things you can do to help you feel better when you are upset.</p>	<p>Activity 5:</p> <p>Think of a time when you were playing your instrument and something clicked. Write a short reflection on what song you were playing and how did it impact you?</p>



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		<p>Commercial Break 4 10 Squats 10 lunges 10 Mountain Climbers Repeat 3x's</p>	<p>person to whom the acrostic poem is dedicated.</p>		
<p>Activity 6: DESIGN 1. Design an outfit you would like to wear. 2. Design a cell phone case. 3. Design an invention. What does it do? 4. Design a shoe. 5. Design your dream house. 6. Design a new animal species.</p>	<p>Activity 6: Choose 1 or more All: Perform a recital for your family. To get a bigger audience, call or video chat with friends and family. All: Make an instrument from items around the house and form a band. Prepare a song to perform for your family. EVERYONE: Crank up the tunes and DANCE!!! Host a family dance party.</p>	<p>Activity 6: Family relay around the house. -One lap jogging -One lap skipping -One lap gallop -One lap side shuffle</p>	<p>Activity 6: 1. Use materials you have found around the house to make your favorite book character. 2. Make your own joke book. Collect jokes from your family and friends. 3. Build a nest for a PEEP Easter candy using items found at home or outside. Additional Resources: https://collections.follettsoftware.com/collection/5e769d33d985a80012baa960</p>	<p>Activity 6: Play a card, or board game with someone in your family.</p>	<p>Activity 6: Make an instrument with found objects from your home.</p>